



COMPETITION FUND ATHLETES REACH FOR THE STARS

From the Commodore

And the Seasons They Go Round and Round

pening Day is an annual yacht club tradition marking the beginning of the boating season. California Yacht Club will celebrate our Opening Day on Saturday, March 9, with a fun-filled day of activities for our members and guests. Having grown up in Southern California, I'm amused by the ritual Opening Day inquiry, "Is the harbor free of ice?" and the clever responses that follow. We're truly fortunate to be able to enjoy our boating activities year round, without the hassle of closing boats and buildings for the winter months. So why have Opening Day?

The simple answer, regardless of climate, is tradition. Yachting is steeped in tradition, and Opening Day is the most tradition-filled day of our yachting year. It's a time to reconnect, greet friends from our Club and other clubs, celebrate the new Bridge, recognize our many award recipients, pause to remember those who have passed away, and most of all to have fun. I look forward to seeing colorful nautical flags flying throughout our anchorage, admiring all of you decked out in blue blazers, enjoying a tasty lunch together, saying hello at our afternoon activities, hearing the fifes and drums at Evening Colors, and perhaps spotting a few stars.

Last month, I introduced my version of Star Gazing, a special shout-out to members (aka Stars) who have gone above and beyond. This month's Stars are members who generously shared their artistic talents and creativity with all of us by imaging my Reach for the Stars theme. Join me in thanking Randy Sprout, for the beautiful painting of the family admiring the night sky that graces our Opening Day program and the cover of the 2019 Roster; and Joe Farrell, for the lovely graphic of the sailboat and stars that was featured on our invitations for Opening Day as well as CYC's Installation and Awards Dinner. We'll highlight those images throughout the year. To recognize their contributions, our Stars receive a specially engraved 2019 Reach for the Stars paperweight.

Last month, I was honored to chair the annual Sweethearts Dinner with my sweetheart, S/C Bill Stump. Chef Fabio created a fabulous menu showcasing "Second Honeymoon: A European Adventure" where our imaginations took us to Italy, France, and other European destinations. The food was expertly complemented by



Commodore Debbie Feinerman

wine pairings suggested by Food and Beverage Director Steve Bell. More on that delicious adventure next month! A special dinner of another sort takes place this month, and it's one I particularly enjoy. On March 15, we'll honor our Club members who are celebrating 25 and 50 years of CYC membership. Spend time with other interesting members, hear stories about what the Club was like a half century or quarter century ago, and come away with fresh ideas sparked by historic ones.

Our CYC regatta calendar proves that we race in Marina del Rey year round. Only two months into the new year,

we've hosted three regattas: the second event of the J/70 Class West Coast Winter Series, the SCYA Midwinter Regatta, and Harken #1 Optimist Spring Regatta. Later this month, we welcome the return of a perennial favorite, the Laser Midwinters West regatta, offering three exciting days of racing for dinghy sailors in the enduring Laser, a boat designed 50 years ago. We'll also be showcasing 50 young Optimist sailors traveling to CYC for the USODA U.S. National Team Pre-Team Trials Practice at the end of the month. Members of the National Team, invited to attend a three-day practice, will be coached by CYC Coach Manny Resano and several other National Team coaches. It's an exciting opportunity to host top Optimist sailors from around the country. There are so many ways to enjoy regattas - as a competitor, on race committee, as a land-based volunteer, or vicariously through coverage in the Breeze, Zephyr, or social media. Pick what works for you, and consider trying something new.

By now, some New Year's resolutions may be losing their luster. Maybe you missed a few days or weeks at the gym, forgot to clean out your storage locker, or didn't follow through with something else. (Hopefully, you remembered your valentine!) The beauty of a new season or an Opening Day is that we can each make a resolution whenever we choose. Think about a resolution to enrich your Club experience – try a new dish in the dining room, attend an event that sounds interesting, learn a new skill, make some new friends. We're lucky to be part of the CYC community. Enjoy the seasons as they go round and round and all that CYC has to offer in its 97th year!

See you at the Club, on and around the water. **\$**

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J/70 Class West Coast Winter Series



CYCWA Installation Luncheon



Competition Fund

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by Bob Congdor

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COVERS Your generous contribution to the Competition Fund helps CYC athletes reach for the stars.

Front cover athletes: Allie Blecher and team, Gavin McJones, and CYC's International Masters Team.

Photos by St. Francis YC/Amanda Witherell, Cynthia Sinclair, and Alex Pupko and Tom Walker

Back cover athletes: Alan Field and team, skipper Aidan Mobley and crew, Cal YC Women's Racing Team, and Katharine Doble

Photos by Jill Fitz Hirschbold, © John Liebenberg, Tracy St. John, and © Matías Capizzano

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Reach for the Stars Opening Day, March 9

By Fleet Captain MONICA ANTOLA

YC will celebrate the beginning of the yachting season on Saturday, March 9, at our traditional Opening Day ceremony. Come join your fellow members and visiting dignitaries in celebrating Commodore Debbie Feinerman's Reach for the Stars theme as we officially declare our Club in commission for the 2019 season.

The day commences with dressing ship and will conclude with a special evening colors and cannon salute. Between the formal festivities will be fun for everyone. Enjoy a delicious luncheon, open boats, and partake in many activities that will appeal to all ages as we demonstrate the stars that our Club has to offer.

Below are the protocols for dressing ship and for members' attire and saluting:

Flags: The day is rich in tradition, some formal and others informal. At 0800 hours, yachts dress ship (or a day or two before for those not close to the marina) by hoisting signal flags and pennants providing a colorful background for the ceremony. Flags can be in any order. The idea is to have a colorful pattern. For those with signal flag bags, that pattern beginning forward at the waterline is, in sequence: AB2, UJ1, KE3, GH6, IV5, FL4, DM7, PO Third Repeater, RN First Repeater, ST Zero, CX9, WQ8, ZY Second Repeater. The sequence is then repeated until it reaches the stern. If you don't have a flag bag, West Marine sells a set of decorative flags for a very modest price.

Opening ceremony dress for members:

- · Club blazer with white shirt or white blouse.
- Current red-colored official CYC tie for men or CYC scarf for women (available at the front desk along with the gold bullion club crest worn on the blazer breast pocket).
- Trousers, pants or skirts, traditionally white in color.
- Dress shoes in white, black, or tan.
- A cap or hat is not considered a part of the CYC attire; however, you will be in the sun for an hour, so if worn with the club blazer, it should be conservative with a brim.

Saluting and blessings: Bridge Officers and Staff

Commodores wearing a service cap render a military hand salute with the wrist straight and brought to the brim of the cap. Veterans wearing a ball cap are also authorized to render a military hand salute. For all other attendees wearing a ball cap, sailing hat, or no hat – remove your cover (hat) and place it over your heart. Render a salute as follows: 1) When the Color Guard passes until the colors are presented; 2) during the playing of the national anthem; 3) during the Pledge of Allegiance; and 4) as the Color Guard passes retiring the colors.

During blessings or moments of silence for the departed (eight bells), rise unless directed otherwise by the speaker, remove your cap and place it under your left arm, bow your head, and bring your hands together. Note: Women would not remove covers or hats but would bow their head and bring their hands together.

March 9 promises to be a star-filled day. Come early and stay all day! \clubsuit





Competition Fund Continues Its Mission of Supporting CYC's Racers

By S/C CRAIG LEEDS

he CYC Competition Fund was founded in 1997 with the purpose of helping our Club members more successfully compete in local, national, and international regattas. The Fund was created as a response to the other top yacht clubs in the country supporting their racers to a far greater degree than we were.

While the Competition Fund doesn't lavish luxury upon the teams we support, it is able to offset some expenses related to training and competing incurred by our Club members so they may be more likely to do their best when they race under the CYC burgee. While some Club members' campaigns run into huge sums of money and even though we are most often only able to offset a small portion, we've been told over and over that the fact our Club offers encouragement and a degree of support helps take their campaigns to a higher level.

One of the primary methods the Competition Fund aids our competitors is by encouraging and supporting coaching for our competitors – whether for a single racer or a clinic for an entire fleet. To help provide coaching to our CYC members, the Competition Fund has a hard-bottom inflatable which may be arranged for use when coaching CYC competitors.

The Competition Fund supports sailors and rowers, both juniors and adults. Here's a sample of events for which the Competition Fund aided our athletes in 2018:

Butler Cup

CFJ Nationals

CISA Advanced Sailing Clinic

Head of the Charles Regatta

International Masters Championship

Laser Master World Championships

Linda Elias Memorial Women's One Design Challenge

Lipton Cup

Melges 20 World Championship

Melges 24 World Championship

Opti Nationals

Orange Bowl International Youth Regatta

USODA Team Trials

U.S. Youth Championships

Women's International Match Racing Championship

Since its inception, the Competition Fund has been able to do so much to help our Club's competitors solely through voluntary contributions. On an upcoming CYC statement, members will see the chance to donate \$36 to this very important element of California Yacht Club. By coordinating our efforts with CYC's Challenge Fund and Junior Sponsor Fund we can do the most good with the funds we have. Competition Fund request forms may be found on the Club website along with the other Club documents.

Members of the 2019 Competition Fund Committee are: Liz Hjorth, Marylyn Hoenemeyer, S/C Bill Petersen, and Chair S/C Craig Leeds. We thank you for your generous support over the years and look forward to helping many more of our CYC members reach their goals for years to come.♥



Matt Schaeffer, winner of the men's club singles event at the Head of the Charles



Alan Field celebrates with his crew after their secondplace finish at the Melges 24 World Championship.



Drew Freides and crew, back-to-back Melges 20 World Champions



Allie Blecher skippered CYC's Lipton Cup team to a podium finish.

Photo by © Mauro Melandri / Zerogradino

KEELBOAT PROGRAM Let's go sailing in 2019! No-hassle sailing without the cost of boat ownership Only \$50 a month Try a Sail Day - March 16 Enjoy a sail in the Club's Martin 242s Learn more about this exciting program **Adult Learn to Sail Courses** Monthly courses April - September \$475 Open to all CYC members Introduction to Fleet Racing Clinic - April 14 New to racing? Join us for a fun day of instruction on and off the water **Friday Night Beginner Fleet Racing** Fun, relaxed racing with experienced coaches Racing off the guest dock 5:30 - 7:30 April 26, May 24, June 28, July 26, and August 23 For more information email cyckeelboat@gmail.com

2019 Optimist Team Trials



REGISTRATION AND MEASUREMENT:

Sunday, April 28 Tuesday, April 30 Wednesday, May 1

REGATTA DINNER

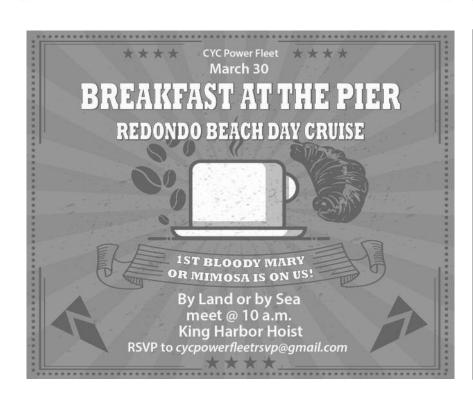
Wednesday, May 1



Thursday, May 2 - Sunday, May 5

FURTHER INFO:

Regatta Chair Michelle Parker Ondrey MLPARKER22@verizon.net





Join us for the Harris Regatta!

Who: PHRF, one-design, and cruising classes What: A fun day of racing with a party to follow When: **Sunday, April 7**



Enjoy a day of spring racing just in time to tune up for the start of the Sunset Series April 17

We're looking forward to seeing you on the water!

Contact Regatta Chair Nicole Harnett with questions at ntharnett@gmail.com

By the Sea ... CYCWA Installs 2019 Board

By First Officer MICHELLE PARKER ONDREY

n January 5, EO Pam Spriggs and her board celebrated the 2019 Installation with a lovely luncheon. The day was a bit cloudy, but it's always warm and cheery when the CYCWA is around. EO Pam's theme this year is "By the Sea." Decorations by Michele Fisher well represented the theme with seashells, sand, and fishing nets as centerpieces. The group was kept musically entertained by Zoran Segina on the piano. The event was well attended by SEOs, S/Cs, and CYC management. Chef Fabio outdid himself with an entrée of chicken with goat cheese and sundried tomatoes.

There were a number of well-deserved awards presented during the program. The first was the Levi Legacy Award which is presented to a junior woman sailor who has displayed significant leadership and achievement. This year's award was presented to Maia Dastur and was accepted



Levi Legacy Award winner Maia Dastur's brother Leo, S/C Uta Leslie, and Jr. SEO Diane Howard

by her brother, as Maia was traveling to Pakistan to visit her grandmother. The Fleet Service Award was presented to SEO Norma Pratt. Through Norma's chairmanship and engagement, she has truly impacted every activity the Club has to offer from Power Fleet, to Art Aficionados, and to CYCWA, just to name a few. And the final award, the Woman of the Year Award, went to Ann Turner for her dedication and significant contributions through many years at CYC. The award was touchingly presented to Ann by EO Pam Spriggs as the two are quite good friends.



2019 CYCWA Elected Board: Jr. SEO Diane Howard, SO Connie Webster, EO Pam Spriggs, FO Michelle Parker Ondrey, and Secretary Laura Greenburg



Above: Fleet Service Award winner SEO Norma Pratt and Jr. SEO Diane



Left: EO Pam Spriggs and Woman of the Year Ann Turner

2018 Executive
Officer Diane Howard
reflected on her year
and was presented with
her beautiful medallion,
her Jr. SEO pin, and a
wonderful memory
album crafted by SEO
Donna Petersen and
Erin Petersen.

Then came the event we were all there to witness, the installation of EO Pam Spriggs and her board. The Installing Officer was SEO Karen Stirling. Each of the elected board was introduced. EO Pam Spriggs, First Officer Michelle Parker Ondrey,

Second Officer Connie Webster, Secretary Laura Greenburg, and Junior SEO Diane Howard each was given a sailor's cap to keep with the theme. EO Pam Spriggs then introduced her appointed board – a group of women sure to keep 2019 hopping.

The day rounded out with FO Michelle Parker Ondrey summarizing the events on deck for 2019, from trips to the NASA Orbit Pavilion at The Huntington, to the First Mates Cruise at Big Bear Lake, and everything in between. CYCWA events are open to all members and we hope you join us. It was a great day, and here is wishing EO Pam Spriggs and her board a wonderful year by the sea. \$\Psi\$



2019 CYCWA Executive Board



SEO Carol Watkins, FO Michelle Ondrey, and Jr. SEO Diane Howard



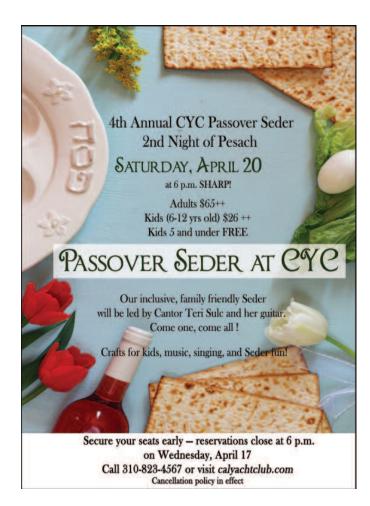
CYCWA SEOs, standing: Diane Howard, Dawn Sprout, Nancy Matzdorff, Donna Petersen, and V/C Stephanie Weston; seated: Michele Caylor, Lorraine Colich, Jeanne Strasberg, Norma Pratt, and Karen Stirling



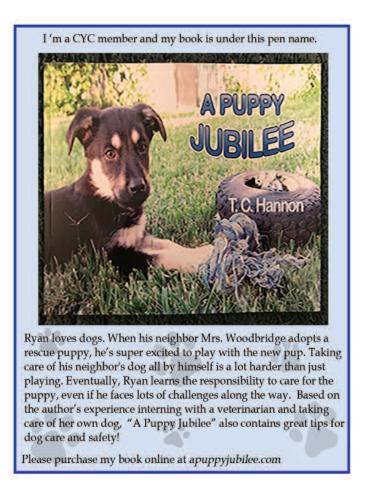
EO Pam Spriggs and Liam Petersen, grandson of SEO Donna Petersen

hotos by Alan Wes









Entrance to the Harbor, Eureka, California
Photo by Pam Spriggs

The mouth of the harbor entrance is to the left, out of the photo, just beyond the breaker coming down the channel. In August 2017, I stood for quite some time watching the breakers on the rocks and in the entrance of the channel while a couple of relatively small fishing boats were attempting to go out of the harbor, to no avail. They finally gave up and went back into the marina, which had small whitecaps of its own. I'm not sure why they thought they could get out - or back in - safely! We're lucky to have a safe harbor entrance in Marina del Rey.

Flower Arranging with Kanani Hollis Thursday, April 18, 6 p.m.

Come make a centerpiece for Easter or Passover! Back by popular demand is Kanani's floral design class. Learn design topics like bouquets, centerpieces, and principles of design.

Book Mates Thursday, April 4, 11:45 a.m.

Our April book is the New York Times bestselling novel, "The Shadow of the Wind," by Carlos Ruiz Zafón, moderated by Gail Guglielmino.



Come make a centerpiece for Easter or Passover

Flower Arranging

with Kanani

At CYC

April 18 6 p.m.

\$55 includes materials and instruction

RSVP at front desk/310-823-4567

"Gabriel García Márquez meets Umberto Eco meets Jorge Luis Borges for a sprawling magic show." — The New York Times Book Review

Barcelona, 1945: A city slowly heals in the aftermath of the Spanish Civil War, and Daniel, an antiquarian book dealer's son who mourns the loss of his mother, finds solace in a mysterious book entitled "The Shadow of the Wind," by one Julián Carax. But when he sets out to find the author's other works, he makes a shocking discovery: someone has been systematically destroying every copy of every book Carax has written. In fact, Daniel may have the last of Carax's books in existence. Soon Daniel's seemingly innocent quest opens a door into one of Barcelona's darkest secrets—an epic story of murder, madness, and doomed love. *

CYCWA ACTIVITIES

Art Aficionados Second and fourth Wednesday of the month, 10 a.m. to 12:30 p.m., Fireside Room. Chair is SEO Norma Pratt.

Book Mates First Thursday of the month, 11:45 a.m., Fireside Room. Co-chairs are Virginia and Ira Teller. Call the Club for reservation and lunch information.

Bridge Wednesdays, 10 a.m. to 3 p.m., dining room. Co-chairs are Joan Silver and Susan Allan.

Happy Hour Book Club Third Wednesday of the month, 6:30 p.m., Fireside Room. Co-chairs are Leslie and Michael

Cubbin. Reserve at the

front desk.

Knit or Knot First and third Sunday of the month, 5 p.m., members lounge. Chair is Dalena Hathaway.

Mah Jongg Thursdays, 1 p.m., dining room. Chair is Susan Allan.

Paddle Tennis Tuesdays and Thursdays, 10 a.m. to noon. Co-chairs are Marylyn Hoenemeyer and Lori Haythorn.

The Road to the J/70 Class World Championship Begins!

By MARYLYN HOENEMEYER, Regatta Chair

he winter months are usually a slow time for sailboat racing in Southern California, as skippers focus on preparing their boats for the upcoming season. That was not the case this year, when CYC hosted the J/70 class for their inaugural West Coast Winter Series. This new event featured a Sunday of racing in both December and January, and concluded with the SCYA Midwinter Regatta on February 9-10.

The series was the brainchild of Bruce Cooper of Ullman Sails, who also

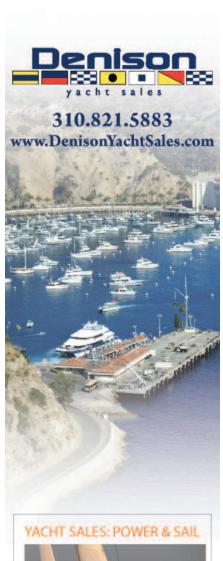
was a sponsor for the regatta. Fashioned after a similar event in Florida, these races gave J/70 teams the opportunity to learn more about our local sailing conditions. This knowledge is a key element in preparing for the J/70 World Championship that CYC will host in July 2020. A team traveled from Japan to compete in January's racing for this very reason.

The racing conditions during the series were variable, as is to be expected for winter sailing. In December,

competitors enjoyed perfect surfing conditions, with a double-digit breeze from the northwest and a large swell all afternoon. January's racing took place in a lull between two storm systems, generating flat seas and a south-east breeze that barely topped five knots. Midwinter conditions ran the full gamut, from Saturday's sunny skies and gentle southwesterly breeze, to Sunday's blustery, wet weather that afforded thrilling downwind legs for all competitors.









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ABYC









RC Volunteers Feted for Service

By Port Captain CHRISTINA TARANTOLA

t the Race Committee Appreciation Party on January 26, Dave Kurt was awarded the Sail Committee Fireman Award, "Presented to the CYC member who heroically or unwittingly, or both, got fired-up enough to save the honour of the Sail Committee

yet one more time." In Dave's case, this included jumping in, often on short notice, to help with regattas and practice sessions, including the Pac52 practice race before Cal Cup. Other race committee volunteers recognized at the event for their many days of service (not



Mary

Stuyvesant

including Sunset Series) were Miriam Moses, Peggy Powers, S/C David Collins, Commodore Debbie Feinerman, S/C Denny Haythorn, S/C Bill Stump, Bari Belcher, and Norm Belcher. \$\psi\$

Winners Circle

By PAULA CAMERON

William Berger/William Stein Race 1 Malibu and Return

January 5, Del Rey YC PHRF B: 15 boats

1 Duncan Cameron, Trust Me 5 Peter Stazicker, Flash Packet

PHRF C: 11 boats 4 Derek Heeb, Redline Cruising A: 13 boats 1 Joe Weber, Va Pensiero

4 Richard Benedeau, Ruby d'eau

Super Bowl Charity Regatta

Santa Monica Windjammers YC Opti Champs: 32 boats

1 Callie Davis

2 Tessa Farrell

5 Lucca Farrell

Laser: 10 boats

1 Rodrigo Quiroga

2 Santiago Quiroga

Lido 14: 6 boats

1 Susie Taylor

J/70 Class West Coast Winter Series

December 2, 2018; January 13 and February 9-10, 2019; CYC, 11 boats 1 Jeff Janov, Minor Threat **‡**







On-the-Water Photo Contest Winner

ed sky at night, sailor's delight! Sailor Anthony Agoglia guides

Sojourner II to her slip as the sunset turns the sky and water vibrant red. Photo by **Berti**Levy. Congratulations on winning a bottle of fine wine selected by Food and Beverage Director Steve Bell.

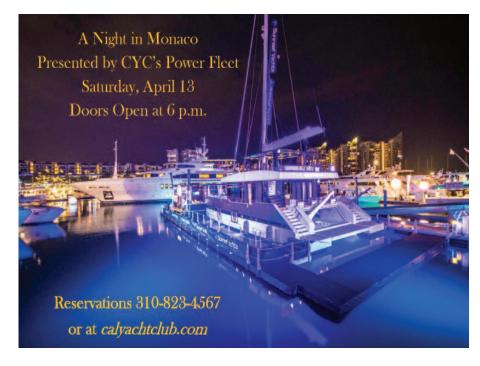
Balloon Fishing Contest Winner

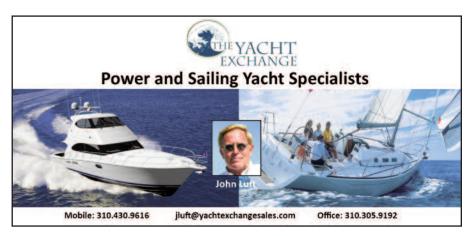
By EVAN DAVIS, Dockmaster



The deadliest catch for the winter goes to **Jeff Hallstead** who snagged these beauties off the bay! Great work, Jeff, enjoy the dinner!

Bounty for the member bringing in the most disabled balloons off our bay is a prime rib dinner for two at the Club. Send a photo of your catch to the dock office for consideration. One prize will be awarded each month.







et us know where you and your CYC burgee have been. Pack your burgee on your travels and take a picture of it with you and your fellow CYC members. Submit to the *Breeze* editor, *cyc-breeze-editor@cycfleet.com.* \$\display\$



Syliva McArthur took a cruise to beautiful French Polynesia on the *M.S. Paul Gauguin*.

CYC Flashback!

S/C Denny Haythorn takes us back to the summer of 1968 when he was driving an outboard on a lake in northern Wisconsin.

Submit your flashback photo of a CYC member sailing, cruising, fishing, rowing, surfing, water skiing, canoeing, kayaking, as a junior sailor, or at the beach, to cyc-breeze-editor@cycfleet.com for a chance at the glory. \$\Psi\$





CYCWA ART AFICIONADOS

March 13 Workshop 10 a.m. to noon

"Monotype Printmaking without Press"

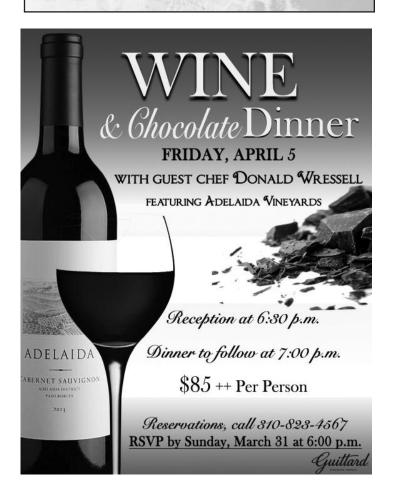
Presented by Caryl Levy



Recently retired director and instructor in the Roski School of Art and Design, University of Southern California

This monotype workshop employs Akura water base inking techniques using gel printing plates with a brayer, layering texture, building a palette. Understanding the variety of papers used in fine art mono type printmaking. The technique results in beautiful detailed prints. Participants can bring any personal brushes, textures, and papers. Acrylic paints provided. Clean up is fast and the gel plates are reusable.

RSVP: 310-823-4567 or norma@rlpratt.com



"Astoria," A Thrilling, True-Adventure Tale

BY MICHAEL and LESLIE CUBBIN, Happy Hour Book Club Co-chairs

anuary 17 at the Happy Hour Book Club we once again broke out the wine and cheese for a wonderful discussion of "Astoria," by Peter Stark. In the tradition of "The Lost City of Z" and "Skeletons in the Zahara," "Astoria" is the thrilling, true-adventure tale of the 1810 Astor Expedition, an epic, now-forgotten, three-year journey to forge an American empire on the Pacific Coast. Author Peter Stark offers a harrowing saga in which a band of explorers battled nature, starvation, and madness to establish the first American settlement in the Pacific Northwest and opened up what would become the Oregon Trail, permanently altering the nation's landscape and its global standing.

Marie Hedlund moderated the discussion and added some audio and visual clips through the course of the discussion of author Peter Stark. Very lively interactions took place involving all members in a discussion of leadership of the key people of the expedition and the role that President Thomas Jefferson and John Jacob Astor played in planning this whole founding of a colony on the Oregon coast. A discussion of the monetary background and motivation as well as the exploration side of this process was quite interesting.

The March 20 selection is "Educated," by Tara Westover, described by Goodreads as an "unforgettable memoir about a young girl who, kept out of school, leaves her survivalist family and goes on to earn a Ph.D. from Cambridge University." Moderator is Sarah White.

The April 18 selection is "In the Garden of Beasts: Love, Terror, and an American Family in Hitler's Berlin," by Erik Larson. This session will be moderated by CYCWA Second Officer Connie Webster.

"Eleanor Oliphant," A Most Unusual and Thought-Provoking Heroine

By VIRGINIA and IRA TELLER, Book Mates Co-chairs

he title "Eleanor Oliphant Is Completely Fine" is declarative enough to give rise to a silent question, one that becomes vexing within the first few pages of the book: Is Eleanor fine? This most unconventional novel by Gail Honeyman was a delightful surprise for the overflow (30-plus) Book Mates readers ... and thanks to V/C Stephanie Weston's insightful moderating at the February 7 luncheon, it made for a lively discussion.

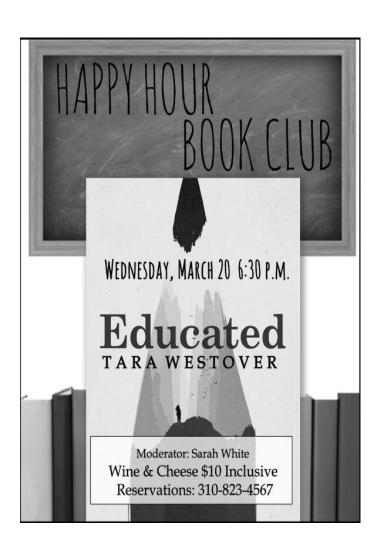
Stephanie supplied a list of 20 questions to start the discussion, beginning with the novel's main themes. Loneliness, dysfunction, romantic fantasies, social detachment, identity, physical, and emotional scars are all brilliantly integrated in the work. Everyone was impressed with the use of language and logic, the dark humor, and the heroine's wry observations of human behavior.

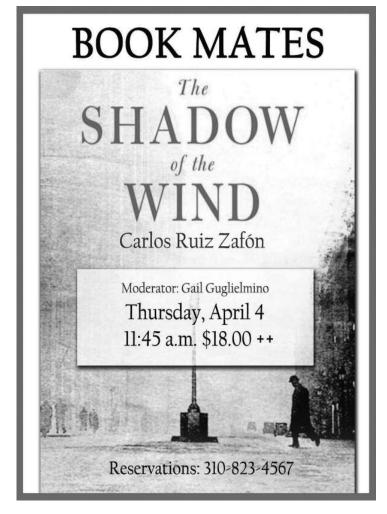
SEO Norma Pratt was deeply moved by the lack of motherly love and its impact on Eleanor. The use of the word "fine" as a means of camouflaging one's emotional state as opposed to revealing true feelings was discussed. The difference between being alone and being lonely opened up another lengthy round of responses. Clearly, the human need for connection is this heart-rending novel's central theme and everyone agreed that Eleanor will ultimately triumph over her demons and will finally discover what it is to be happy.

Our April 4 book is "The Shadow of the Wind," by Carlos Ruiz Zafón. Gail Guglielmino will moderate.

For May 2, we will read "The Other Einstein," by Marie Benedict. SEO Norma Pratt will moderate.

On June 6, S/C Bill Watkins will moderate W. Somerset Maugham's classic, "The Razor's Edge." ♥







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he final Yachting Program until the fall promises to be a good one. Lia Ditton is a professional sailor and writer, passionate about sharing her extraordinary experiences at sea.

As the only woman to complete the OSTAR 2005 single-handed transatlantic race, the experience formed the basis of Lia's 2006 art installation, Absolute Solitude: One Woman, One Boat, in which Lia lived on her boat next to the Tate Britain Gallery in London for 28 days – the same number of days it took her to sail to the U.S.

Lia has placed second in the Route du Rhum, France's most prestigious, single-handed transatlantic race. Prior to 2006 and since the first edition of the race in 1978, only seven women had raced in the Route du Rhum, with four completing the course. Lia went on to captain the boat from the film "Waterworld," starring Kevin Costner. She became the 53rd woman to row the Atlantic, and the 64th woman to row any ocean, and project manage the largest solar-powered boat in the world.

Now 38, she has gained over 150,000 nautical miles of experience, eaten two years worth of freeze-dried food, gone a month without a shower, and raced a sailboat over 40 knots!

Lia's book, "50 Water Adventures To Do Before You Die" was commissioned by Bloomsbury Publishing to inspire others. The book is now available in both English and German.

But it's rowing that brings Lia to California. In March 2020, Lia will depart from Choshi, Japan, on a mission to be the first woman and first person to row land-to-land across the North Pacific to the Golden Gate Bridge of San Francisco. In two years, Lia has gained 30 pounds and rowed almost 2,000 miles in the Bay Area and down the coast of California.

From breaking waves to freighter fright, whale encounters to fog off the Farallons, this is a talk not to be missed. $\mathbf{\Phi}$

Please join us March 13 at 7:30 p.m.

for this free event which is open to all who enjoy yachting and adventure, as a public service of California Yacht Club.



From the Manager

By MICHELE UNDERWOOD

ooray, hooray, it's Opening Day! It's time to welcome our guests, salute our dignitaries, recognize our champions, give a speech, and declare



our harbor free of ice and debris. Once the cannon is shot, we eat, drink, and party. Fleet Captain Monica Antola and a host of volunteers have been working behind the scenes to put on a great Opening Day. Boat owners are encouraged to dress ship with a prize given in a random drawing among the dressed ships on the finger having the greatest percentage of boats dressed for the day. Following the complimentary lunch, there will be activities for children and plenty of parties on the docks from 2-5 p.m. The evening will conclude with the Evening Colors ceremony on the front lawn at 5:30 p.m.

We hold our annual Club 25 dinner on March 15. All members are invited to join us in celebrating those members who joined 25 and 50 years ago. There will be a delicious three-course dinner and special look back at what was happening at CYC during 1994 and 1969. Please call the front desk for reservations.

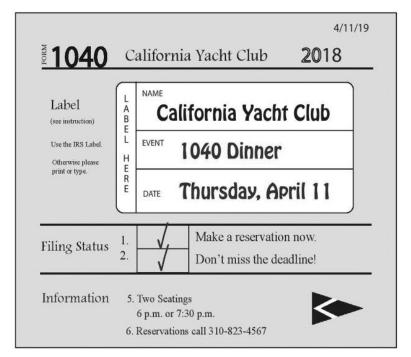
St. Patrick's Day falls on Sunday, March 17, so there will be a little Irish flavor added to our food and drinks menu that day.

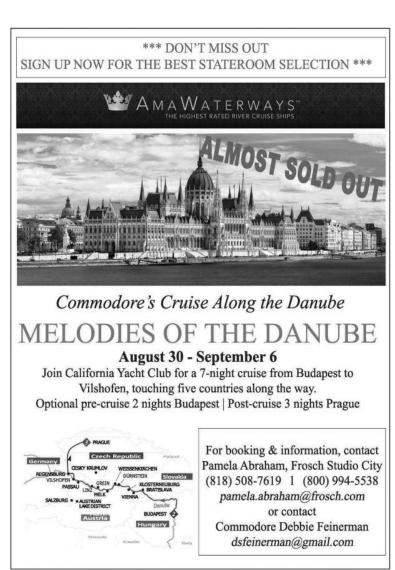
Laser Midwinters West returns to CYC March 21-24. Standard, Radial, and 4.7 rigs are invited to race. This year, the regatta will be scored in the local SCYYRA Ullman/Frost Series as Event #3, and there will be a total of 30 Grand Prix points awarded in the ILCA. For those wanting to volunteer, please contact Regatta Chair Justin McJones.

On March 29 and 30, the Opti National Team will be practicing in a pre-trial practice in preparation for the Opti Team Trials in April. CYC has two sailors, Katharine Doble and Callie Davis, who already participate on the USNT. Five other CYC Opti sailors have also been invited to practice with the national team, Emily Doble, Gigi Ivancich, Jordan Janov, Mika Sternberg, and Tommy Kraak.

On April 5, we have our Wine & Chocolate Dinner featuring guest chef Donald Wressell, corporate pastry chef for Guittard Chocolate Company, and wines from Adelaida Vineyards & Winery. This will be a dinner not to be missed. What could be better than chocolate incorporated into every bite? You'll be surprised how chocolate can be used as a seasoning, spice, and sweet in food preparations. Please call the front desk to make reservations.

See you 'round the Club! **\$**





► MARCH 2019 ►

Always check calyachtclub.com for the most current event information.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MARCH HIGHLIGHTS				1	Mxd. Doubles 2 Paddle Tennis	
1	Opening Day Yachting Prog Club 25 Dinne Keelboat - Try	ram 2 er 2	7 Frostbite Mar 22-24 Laser Midwir 8-31 Opti Nationa Practice		Seafood Buffet	Pickleball
Mixed Doubles 3 Paddle Tennis	Club closed 4	Club closed 5	Bridge Club 6	Women's 7 Paddle Tennis 7	8	Mxd. Doubles 9 Paddle Tennis
Knit or Knot		***************************************		Fleet Council Mtg.		
YP Yoga	Evening Pickleball	Women's Paddle Tennis	Mixed Doubles Paddle Tennis	Mah Jongg		Opening Day
Bingo				Book Mates		
10 Daylight Savings	Club closed 11	Club closed 12	Bridge Club 13 Art Aficionados	Women's Paddle Tennis 14	15	Mxd. Doubles 16 Paddle Tennis
Begins			Yachting Program	CYCWA Board Mtg.	Club 25 Dinner	Keelboat –
Mixed Doubles Paddle Tennis	Evening Pickleball	Women's Paddle Tennis	Mixed Doubles Paddle Tennis	Jr. Comm. Mtg. Sail Comm. Mtg.	*101	Try A Sail Pickleball
Frostbite 17 Match Racing	Club closed 18	Club closed 19	Bridge Club 20	Mah Jongg Women's 21 Paddle Tennis	22	Mxd. Doubles 23 Paddle Tennis
Mixed Doubles Paddle Tennis			Happy Hour Book Club	Laser Midwinters West Measurement and Registration	Laser Midwinters West	Laser Midwinters West
St. Patrick's Day Celebration	Evening Pickleball	Women's Paddle Tennis	Mixed Doubles Paddle Tennis	Family Activities Committee Mtg. Mah Jongg		Pickleball
Laser 24 Midwinters West Knit or Knot	Club closed 25	Club closed 26	Bridge Club 27 Mixed Doubles	Women's PT 28 Opti National Pre- Team Trials Practice	Opti National 29 Pre-Team Trials Practice	Opti National 30 Pre-Team Trials Practice
Mixed Doubles PT Opti Pre-Team 31		,	Paddle Tennis Art Aficionados	New Member Mtg. YP Happy Hour	Tractice	Redondo Beach Day Cruise
Trials Practice Mixed Doubles PT	Evening Pickleball	Women's Paddle Tennis	Fleet Cruising	Mah Jongg		Mxd. Doubles PT
Breeze Deadline			Kickoff Mtg.	Bridge Mtg.		Pickleball
			APRIL 2019			
	Club closed 1	Club closed 2	Bridge Club 3	Women's 4 Paddle Tennis	Wine & 5 Chocolate Dinner	Mxd. Doubles 6 Paddle Tennis
			Mixed Doubles Paddle Tennis	Fleet Council Mtg.		Adult Learn to Sail #1
	Evening Pickleball	Women's Paddle Tennis		Mah Jongg	Seafood Buffet	
	1 lokioouii	1 addie Teillis		Book Mates	Scarood Bullet	Pickleball
Mixed Doubles 7 Paddle Tennis	Club closed 8	Club closed 9	Bridge Club 10 Mixed Doubles	Women's PT 11 CYCWA Board	12	Mxd. Doubles 13 Paddle Tennis
Harris Regatta	Familia	Women's	Paddle Tennis	Mtg. Jr. Comm. Mtg.		Adult Learn to Sail #1
Knit or Knot	Evening Pickleball	Paddle Tennis	Sunset Series Seminar	Sail Comm. Mtg. Mah Jongg	9	A Night in Monaco
YP Yoga			Art Aficionados	1040 Dinner	ļ	Pickleball

CALIFORNIA YACHT CLUB



COMPETITION FUND ATHLETES REACH FOR THE STARS