

# California Yacht Club



## 2018 Summer Junior Sailing Program Camps & Activities

### Important Summer Dates

Parent Orientation  
Friday June 8 at 6:30pm

Thursdays Muddy Feet Races  
June 28, July 5, 19 and Aug 2

Junior Awards Banquet  
Thursday, August 9



CALIFORNIA  
YACHT CLUB

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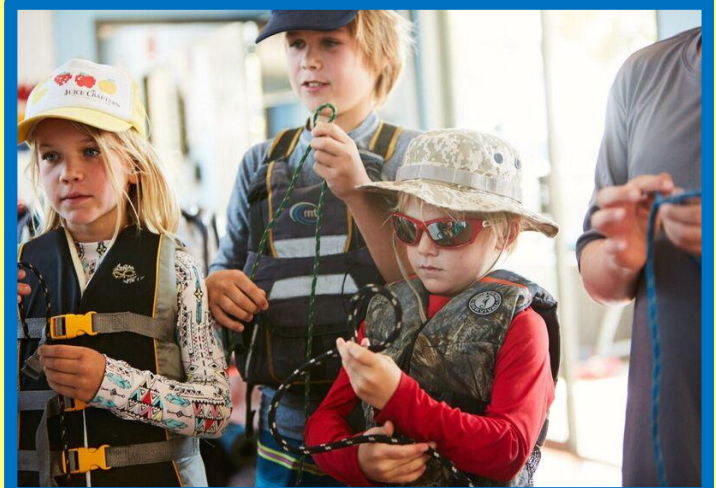
# California Yacht Club Summer Activities

## Pre-Juniors

Age 6-7            9:00am-12:30pm

**Intro to Sailing** For Children with little to no experience. Half-Day Morning Classes are taught in small groups on RS Teras or CFJs with a Junior Instructor.

Campers learn the basic boat parts, how to sail straight, turn, dock and capsize and right their boats safely. Activities include various games to get familiar with sailing terms.



## Level 1 / Swabbies

Age 8-12            9:00am-3:30pm

**Sailing Fundamentals.** Classes are taught in RS Tera and Opti, often with 2 sailors in each boat. For Children with little to no experience. Sailors learn basic skills needed to sail confidently on their own.

“FUN” is emphasized while sailors learn the challenges of piloting their own boat and deepens their understanding of rigging, boat handling, safety and fundamental seamanship skills.

## Basic Sailing for Teens / DH1

Age 12-16            9:00am-3:30pm

**Intro to Double Handed.** This Class is taught on CFJ and C420 and is designed for the teenagers who have completed the Swabbies/Cadets classes and who, for size or age reasons should move into larger boats.

This course will focus on intermediate skills, but a beginner group will be available for those without experience.

The curriculum includes introduction to teamwork, skipper/crew dynamic as well as new boat-handling skills such as capsize recovery, spinnakers and trapezes. Sailors will learn both the role of skipper and crew.

## Level 2 / Cadets

Age 8-12            9:00am-3:30pm

**Boat handling.** Classes are taught in RS Tera and Opti. For children who have successfully completed the Swabbies class or able to sail on their own. Sailors will refine their skills so they can sail anywhere in the marina and tune their boats properly to the wind. They will learn proper weight placement, practice tacks, jibes and safety position.



*\*Completing the CADETS or the BASIC SAILING FOR TEENS classes will grant access to the REACHERS program.*

# California Yacht Club Summer Activities

## Summer Reachers\*

Age 12-16 9:00am-3:30pm

### **What's to do when looking for fun sailing?**

#### REACH!

Open to intermediate sailors (or higher), this class explores RS Teras, Optis, Lasers, CFJs and C420s.

Sailors will develop their boat handling and overall sailing skills in the context of adventure sailing and "un-regatta" style racing while having fun on the water.

This is an inspired alternative to the conventional race-track route that will prepare sailors for other classes and build a foundation for lifelong sailing.

The curriculum exposes participants to activities such as weather, rules of the road, beginner marine navigation skills and docking.



## Intro to Racing

### Single and Double Handed

Age 8-16 9:00am-3:30pm

#### **Interested in racing in the Fall?**

Whether on a club-owned CFJ or C420 or your own Laser or Opti, the Summer sessions should help prepare you for the Fall racing season.

**Learn to Race.** Open to intermediate and advanced sailors, this class is designed to prepare sailors for the Opti Racing Team. The curriculum introduces the basics of going around a racecourse, the Racing Rules of Sailing and covers sailing in more challenging conditions. Sailors will practice starting and race course management. Practice may take place in the ocean

Participants will have the opportunities to be involved in coached regattas later in the season.



## Swimming Lessons

June 19 to August 17

Tuesdays-Fridays, 8:00, 8:45, 9:30 & 10:15am.

No age restrictions.

**Private to semi-private lessons** with a max of 2 students per class.

Skills range from toddlers in the "Parents and me" to intermediate swimmers looking to improve their strokes.

Reservation must be made one week in advance..... \$30/class/student.  
Toddler classes last 15-20 minutes. Older swimmer lessons last 30minutes.



# California Yacht Club Summer Activities



## Classes Schedule & Prices

2018 Summer Monday – Friday 9AM-3:30PM Unless noted	Session 1	Session 2	Session 3
	25-Jun to 6-Jul Except 7/4 9 Days	9-Jul to 20-Jul  10 Days	30-Jul to 10-Aug  10 Days
Pre-Juniors Age 6-7	9AM-12:30PM \$700M/\$900NM Capacity: 8	9AM-12:30PM \$775M/\$1,000NM Capacity: 8	9AM-12:30PM \$750M/\$1,000NM Capacity: 8
Level 1 Age 8-12	\$1,125M/\$1,530NM Capacity: 12	\$1,250M/\$1,700NM Capacity: 12	\$1,250M/\$1,700NM Capacity: 6
Level 2 Age 8-12	\$945M/\$1,125NM Capacity: 12	\$1,050M/\$1,250NM Capacity: 8	\$1,050M/\$1,250NM Capacity: 8
Learn to Race Opti ** Age 8-12	\$675** Capacity: 8	\$750** Capacity: 8	\$750** Capacity: 8
Basic Sailing for Teens Age 12-16	\$990M/\$1,350NM Capacity: 8	\$1,100M/\$1,500NM Capacity: 8	\$1,100M/\$1,500NM Capacity: 8
Learn to Race C420 Age 11-16	\$675 Capacity: 8	\$750 Capacity: 8	\$750 Capacity: 8
Reachers Age 10-18	\$585M/\$990NM Capacity: 12	\$650M/\$1,100NM Capacity: 12	\$650M/\$1,100NM Capacity: 12

### Notes

Prices marked as M/NM (Members/Non-Members).

All listed fees include boat rental. Unless stated (\*\*).

\*\* Own boat required. California Yacht Club maintains a fleet of "Learn-to-Race" charter boats available on a "first come, first serve basis".

Discount on all fees for providing your own boat. RS Teras, Optis, Lasers, CFJ and C420 are the only boats accepted. Inquire with Junior Director.

[Click HERE to Register](#)



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